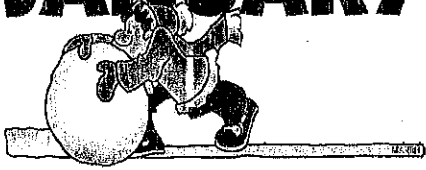







GREENE COUNTY SENIOR NUTRITION PROGRAM

ALL PERSONS, AGE 60 OR OLDER ARE INVITED TO ATTEND - SUGGESTED CONTRIBUTION IS \$4.00

DAILY: Whole Grain Bread (unless otherwise noted) w/Promise Spread, and 1% Milk, Coffee or Tea

RESERVATIONS ARE REQUIRED AT LEAST ONE DAY IN ADVANCE BY CALLING THE APPROPRIATE CENTER

Monday	Tuesday	Wednesday	Thursday	Friday
JANUARY 		1  HAPPY NEW YEAR DHS MAIN OFFICE & ALL SENIOR NUTRITON SITES CLOSED	2 BAKED HAM FRESH SALAD AU GRATIN POTATOES GLAZED CARROTS CHOCOLATE MOUSSE	3 BEEF STEW BRUSSELS SPROUTS COLESLAW FRESH PEARS
6 MACARONI & CHEESE STEWED TOMATOES BROCCOLI RICE PUDDING	7 CRAB TOPPED COD GREEN BEANS RICE PILAF POTATO FRUITED GELATIN	8 CHICKEN PICCATA ORZO ASPARAGUS MANDARIN ORANGES	 9 NATIONAL APRICOT DAY OVEN BBQ PORK CHOP FRESH SALAD BRAISED CABBAGE SWEET POTATO APRICOT COBBLER	10 HUNGARIAN GOULASH BUTTERED NOODLES CALIFORNIA MIXED VEGETABLES FRESH FRUIT
13 CHICKEN DIJON RICE PILAF BRUSSELS SPROUTS ICE CREAM (CONGREGATES) YOGURT (HDM)	14 BROCCOLI CHEDDAR QUICHE GREEN BEANS HASH BROWN POTATOES PINEAPPLE CHUNKS	15 BIRTHDAY CELEBRATION SALISBURY STEAK w/ GRAVY MASHED POTATOES SPINACH PUFF BIRTHDAY CUPCAKE  HAPPY BIRTHDAY	16 LINGUINI w/ WHITE CLAM SAUCE ITALIAN GREEN BEANS FRESH SALAD FRESH FRUIT	17 ROAST PORK w/ GRAVY APPLESAUCE BRAISED CABBAGE WINTER SQUASH CHOCOLATE MOUSSE
20 DHS MAIN OFFICE & ALL SENIOR NUTRITON SITES CLOSED  Martin Luther King Jr. Day	21 BAKED CHICKEN w/ GRAVY MASHED POTATOES CARROTS TROPICAL MIXED FRUIT	 22 NATIONAL BLONDIE DAY SWEET & SOUR PORK RICE BROCCOLI BLONDIE	23 CRANBERRY CHICKEN SALAD FRESH GREENS & CUCUMBERS POTATO SALAD YOGURT PARFAIT	24 SALMON w/ DILL SAUCE COLESLAW CALIFORNIA MIXED VEGETABLES BAKED POTATO LEMON MOUSSE
27 CHILI CON CARNE BROWN RICE WAX BEANS FRUIT COCKTAIL	28 COOK'S CHOICE CALIFORNIA MIXED VEGETABLES CHOCOLATE MOUSSE	29 ROAST TURKEY w/ GRAVY BRUSSELS SPROUTS SWEET POTATO PEARS	30 MEATLOAF w/ GRAVY GREEN BEANS MASHED POTATO OATMEAL RAISIN COOKIE	31 EGGPLANT PARMIGIANA SPAGHETTI FRESH SALAD BROCCOLI TIRAMISU